



FROM THE MIC TO THE COMMUNITY

A PODCAST COMPANION

Choosing Your Florida Clinical Supervisor

Questions that help you compare support, expectations, and cost before you commit.

READ / LISTEN / REFLECT

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FLORIDA COUNSELOR INTERNS

Begin where you are.

Use this guide to find possible supervisors, interview them, and compare their answers. Leave with a shortlist and the questions you still need resolved.

Listen alongside this guide

Conversations from The Holistic Counselor Podcast to explore with these pages.

EPISODE 55

Culture and mental health with Ostin Celestin, Jr.

Ostin Celestin, Jr. discusses supervision, cultural context, and the assumptions clinicians bring to the work. Ask a potential supervisor how these discussions happen in practice.

[Listen or read the transcript](#)

EPISODE 110

Curiosity and reflection with Anna Green

Anna Green discusses therapist reactions, role-play, and continued learning. The discussion offers perspective on learning and feedback.

[Listen or read the transcript](#)

IN THESE PAGES

A note from Diana / Start with a short list. / Bring these questions to the interview. / Look at the whole working arrangement. / How will support work day to day? / Compare answers. Choose your next step.

FLORIDA COUNSELOR INTERNS

A note from Diana

I am no longer accepting interns for supervision. My time now goes to client work, the podcast, creating resources, and my family. Becoming a qualified supervisor helped me get clearer about my own bandwidth.

When I was learning, having experienced professionals nearby mattered. Later, providing outside supervision made me think carefully about how a supervisor understands an intern's workplace and the support available between meetings. Those are questions worth asking before you agree to work together.

Use this guide to find possible supervisors, interview them, and compare their answers. Leave with a shortlist and the questions you still need resolved.

For registered mental health counselor interns and graduates preparing for that stage.

OPTIONAL CHRISTIAN REFLECTION

My Christian faith shapes how I understand my work. You are welcome to use this reflection or skip it. Where might my sense of calling help me serve with humility, and where might it make it harder to acknowledge my limits? The practical guidance is available to readers of any or no faith.

Respect for clients' beliefs, including no religious belief, remains part of the main professional responsibility. Clients' own values and choices should guide whether and how faith enters their care. [7]

FLORIDA COUNSELOR INTERNS

Start with a short list.

This guide concerns Florida post-master's registered intern practice. A graduate-school placement is a different stage. Start by writing down your setting, the populations you expect to serve, your schedule, your budget, and the skills you most need help developing.

Find names, then verify them

The Board's intern page links to its Public Data Portal for qualified supervisor lists. You can also ask your graduate program, trusted colleagues, or professional associations for leads. Use Florida's license lookup and confirm the person is qualified to supervise mental health counselor interns. A listing is a starting point; ask about current availability and relevant experience. [1, 2]

Talk with more than one person if you can

Send the same short introduction to each candidate so you can compare their answers: your registration stage, practice setting, work hours, learning interests, and preferred meeting format. Leave client details out of these first inquiries.

WORDS YOU CAN ADAPT

I am preparing for / working as a Florida registered mental health counselor intern in [setting]. I am looking for supervision that includes [learning needs]. Are you taking interns, and could we discuss your approach, availability, fees, and coordination with my workplace?

Confirm approval before counting experience

The Board says experience does not count until your intern registration is issued and your supervisor is approved. Keep the confirmations. Changes or additions also need Board approval. [1]

FLORIDA COUNSELOR INTERNS

Bring these questions to the interview.

Hearing how someone approaches an actual supervision meeting can help you picture working together. These questions make room for a conversation about learning, practical support, and expectations.

How will we work on my clinical skills?

Ask about feedback, role-play, case formulation, and review of work through properly authorized, secure methods. What would the first month look like?

How will you understand my work setting?

For an outside supervisor, ask how they coordinate with the employer, understand policies, and obtain appropriate information with required permissions and privacy protections.

Who can I reach when a concern cannot wait?

Clarify contact methods, response expectations, coverage during absences, and the workplace's emergency procedures. Knowing the arrangements between meetings can make your responsibilities clearer.

How do you handle disagreement?

Ask for an example of changing a view after hearing an intern's reasoning. Look for room to discuss culture, faith, diagnosis, and different approaches with curiosity.

How will I know whether I am progressing?

Ask how goals, feedback, concerns, and evaluations are documented. Find out how you can raise a concern about supervision itself.

What are the full terms?

Request written fees, what they cover, meeting format, cancellations, recordkeeping, ending the relationship, and any connection to an employment contract.

FLORIDA COUNSELOR INTERNS

Look at the whole working arrangement.

Get the financial picture in writing

Ask whether supervision is included in employment or paid separately. Check for cancellation charges, paperwork fees, minimum commitments, and repayment terms if you leave a job. A lower price is useful only if the arrangement also meets your learning and practice needs.

Budget item	What to write down
Regular supervision	Fee per meeting x planned meetings per month
Other required costs	Group meetings, forms, travel, or other agreed fees
Employer contribution	Amount, eligibility, and any repayment conditions
Your expected monthly cost	Total costs minus confirmed employer contribution

For example, a \$75 meeting fee would total \$300 over four meetings. Your own budget depends on the fees and supervision schedule that apply to your arrangement.

FLORIDA COUNSELOR INTERNS

What would your week look like?

The hours you spend with clients are only part of the job. Notes, supervision, meetings, and cancellations also affect your time and income. A useful opening is: “Could you walk me through a typical week, including documentation and supervision, and explain how compensation works?” It also helps to know who is available when a case raises questions.

Unclear fees, missed meetings without a replacement, or difficulty getting answers deserve another conversation. You can ask for the arrangement in writing and take time to decide whether the support meets your needs.

EPISODE 61

Money, boundaries, and burnout with Laura Long

Laura Long joins Diana to discuss burnout, money beliefs, and professional boundaries. Use it to identify what you need to ask about your own working conditions.

[Listen or read the transcript](#)

FLORIDA COUNSELOR INTERNS

How will support work day to day?

How will remote or outside supervision work?

My own learning benefited from being in person with professionals around me. If you choose remote or outside supervision, ask specifically how observation, useful feedback, team communication, and help during the workday will happen. The format alone does not tell you the quality of the support.

Florida's telehealth guidance includes conditions for electronic supervision and intern services. For intern telehealth, it describes a written protocol and safety plan with the current qualified supervisor, ready supervisor availability during sessions, and required professional judgments. Review the full guidance for your arrangement, including the client's location. [5]

What does the practice arrangement allow?

Business ownership does not remove intern practice restrictions. Florida law requires a licensed mental health professional on the premises when an intern provides clinical services in a private practice setting. Resolve how the law applies to a proposed setup before starting; do not assume a remote supervisor resolves that requirement. [4]

FLORIDA COUNSELOR INTERNS

Records, transitions, and support

How will records and transitions be handled?

Agree on recordkeeping and how you will compare records. Florida requires current, identical supervision documentation. Registered interns must remain supervised while practicing; plan any transition before supervision ends. Track your registration expiration and current licensure requirements with the Board. [1, 3, 6]

Before seeing clients, know the approved procedures for urgent concerns, reporting duties, and confidential consultation. Do not put client information into this worksheet or send it to the podcast. Required protective action should not wait for a routine meeting. [7, 8]

EPISODE 1

Diana's journey and the questions behind the podcast

Diana shares her experience of internship and community mental health work, including uncertainty and paperwork. Listen for questions you want answered about your own first setting.

[Listen or read the transcript](#)

EPISODE 11

Cultural humility and entering the profession

Diana directly asks Dr. Dorothy Chatelier-Orelus about incoming interns. Their conversation includes self-awareness and cultural humility. Content note: serious self-harm is described in the episode.

[Listen or read the transcript](#)

FLORIDA COUNSELOR INTERNS

Compare answers. Choose your next step.

After each conversation, a few notes can help you remember what felt supportive and which questions remain. Use this sheet for your own comparison; keep required supervision records separately. Keep this page focused on your own learning needs and the supervision arrangement.

What matters	Supervisor A	Supervisor B
Relevant experience and learning approach		
Availability and workplace coordination		
Feedback and room for questions		
Total cost and written terms		
Approval and transition questions		

The answer I need before deciding:

FLORIDA COUNSELOR INTERNS

Sources and further reading

Editorial revision: October 13, 2026. The linked authorities provide current rules, services, and evidence.

1. [Florida Board: intern registration and supervision](#)
2. [Florida Department of Health: verify a license](#)
3. [Florida Statutes 491.0045: intern registration](#)
4. [Florida Statutes 491.005: licensure and practice conditions](#)
5. [Florida Board: telehealth and electronic supervision](#)
6. [Florida Board: full mental health counselor licensure](#)
7. [ACA: current ethics code and resources](#)
8. [Florida DCF: abuse reporting guidance](#)

ABOUT THIS GUIDE

For education and career planning. This guide does not provide individual legal advice, clinical supervision, or therapy, and using it does not create a professional relationship with Diana. Check current requirements with the relevant licensing board. It awards no supervision hours or continuing education credit.

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at your own pace.

Scan for this guide and its episode links.

theholisticcounselor.com/resources

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